

ABSTRACT OF THE DISCLOSURE

An image forming apparatus according to an
embodiment of the present invention can suppress
overshoot by shifting the OFF timing of the central
5 heater lamp from that of the end heater lamp or the
recovering timing of the central heater lamp from that
of the end heater lamp, when the heating member at a
second temperature dropped from a first temperature
(optimum fixing temperature) is returned to the first
10 temperature again.